



## DUATHLON COURSE

- Run: 2 KM
- 1 Lap
- Muskoka, Canada

### Run Turn By Turns:

- Exiting transition to Park Road (heading up hill)
- Right on Brunel Road
- Right on Princess Street
- Left on River Street
- Left on High Street
- Left on Brunel Road
- Run to turnaround
- Run back to Park Road and turn right on Park Road
- Enter back into transition

SWIM OUT TO RUN TRANSITION

TRANSITION AREA

KM MARKERS

AID STATIONS

**5i50**<sup>TM</sup>  
**TRIATHLON**  
 MUSKOKA, CANADA